



**Henry Silverman, MD**

**City:** Boynton Beach, FL

**Date of Graduation from Medical School:** 1958

**Medical School Graduated From:** Ohio State University

**Specialty:** Family Medicine

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**What factors influenced your decision to become a physician and your choice of specialty?**

I had graduated and was feeling unfulfilled in my work. I felt I could make a better contribution to society as a physician. My prediction came true thanks to OSU College of Medicine and my specialty of Family Medicine. I have not had one unhappy day in the practice of Family Medicine and never regretted my choice.

**Did you experience a defining moment that made you feel you had become a physician?**

Yes. The moment I baptized a baby I had delivered who was only able to take a few gasps of air before succumbing. The parents were eternally grateful and I had the feeling of really making a difference as a physician and human being.

**As you were training to be a physician, what one piece of advice was most valuable to you?**

A very well known pediatrician told me, "Don't worry about remembering all the minutia you have learned in your training. Worry about not doing something, or omitting something that you know very well how to do."

**What is the most significant medical innovation you experienced in your years of practice?**

The development and use of modern day antidepressants and antipsychotics totally revolutionized the treatment of depression and psychoses. In medical school we saw these poor souls crouched in the corner of a hospital room virtually unable to function and watched as they were returned to society functioning very well with the new medications.