



Connecting Patients to Community Resources references

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Resources & links

(in order of appearance)

Quitting Smoking

North American Quitline

www.naquitline.org

1-800 Quit Now

(1-800-784-8669)

National Cancer Institute Quitline

1-877-44U-QUIT

American Lung Association

1-800-LUNGUSA

Freedom From Smoking

www.ffsonline.org

American Cancer Society

www.cancer.org

Reducing Risk Drinking

SAMHSA Substance Abuse Facility Locator

<http://dasis3.samhsa.gov/>

1-800-662-HELP

Alcoholics Anonymous

www.aa.org

Eating Healthier

Find a Dietitian

www.eatright.org

United States Dietary Association

www.nutrition.gov

Centers for Disease Control and Prevention

www.fruitsandveggiesmatter.org

www.fruitsandveggiesmorematters.org

American Dietetic Association

www.eatright.org

American Heart Association

www.americanheart.org

American Cancer Society

www.cancer.org

Increasing Physical Activity

President's Challenge

www.presidentschallenge.org

Exercise is Medicine™

www.exerciseismedicine.org

Other Resources

Healthier Life Steps Program

www.ama-assn.org/go/healthierlifesteps